

BLACK CUMIN OIL

called "gold of the pharaohs" "They say that it will not heal only death"

The **benefits** of **black cumin seed oil** , cold pressed to 35 * C

- Essential Unsaturated Fatty Acids **omega 3, 6, 9**
- **vitamins: A, E, K, B1, B3, B6, B7** (biotin)
- **minerals:** zinc, selenium, magnesium, limestone, iron, sodium, potassium

Black cumin oil supports and cures diseases both internally and externally:

1. Oil **builds resistance**, eliminates **parasites**, strengthens the **cardiovascular system and the heart**
2. Excellent **antiallergic** agent, helps **asthma, allergic rhinitis**, hay fever
3. It works **antibacterially**, reduces **cholesterol** and **blood sugar**, regulates **homeostasis of the body**
4. **Heals depression** and has a positive effect on the **reproductive system**, acts on **the skin**, accelerates wound healing, **skin diseases, acne, dandruff, lichen, and atopic dermatitis**
5. **Deactivates and destroys** some types of **cancer** cells min. **liver, lungs, breasts, leukemia**
6. **Protects against** the **negative effects** of **chemo** and **radiotherapy**, combats **Helicobacter pylori**
7. **Gastric** and duodenal ulcers, gastritis, **gastric influenza, reflux**, etc.

Black cumin oil - dosage in the morning 30 min before a meal

- Adults 1 teaspoon a day • Children: 6-12 months - approx. 9 kg 1-3 drops / over 12 months - 1/4 teaspoon per day • 1-3 years - approx. 12 kg, 1/2 teaspoon per day • 4-6 years - approx. 19 kg, 1 teaspoon per day
- 7-9 years - approx. 27 kg, 34-82 g (depending on the level of physical activity). Externally in cosmetics The oil also improves the condition of **the dry skin** by moisturizing it, we use it for **body lubrication**.

Thanks to the antioxidant content, delaying the aging of the skin, **helping to relieve stress and eliminate sleep** disorders has a rejuvenating effect, **enhances the vitality and joy of life**.

Intended for cold consumption only !!!

Doctors and Dieticians recommend.